



**PARENT SUPPORT CENTER
PRESENTS A 5 WEEK SERIES ON:
UNDERSTANDING TRAUMA**

JAN. 29TH, FEB. 5TH, 12TH, 19TH 2018
6PM - 7PM
5 WEEKS

5TH WEEK OF TRAINING
FEBRUARY 26TH

DARKNESS TO LIGHT
6PM -8PM

Trauma: Child traumatic stress occurs when children and adolescents are exposed to traumatic events or traumatic situations that overwhelm their ability to cope. When a child is experiencing child traumatic stress, these reactions interfere with his or her daily life and ability to function and interact with others.

Darkness to Light: Stewards of Children® uses real people and real stories to show you how to protect children. The framework of the training is built off the foundation of The 5 Steps to Protecting Children™. You'll meet survivors who lived through child sexual abuse, experienced its immediate and long-term effects, and ultimately were able to find healing. You'll meet experts who work with children and families, and confront abuse on a daily basis. Many of these survivors and experts are also parents themselves.

**UNDERSTANDING
TRAUMA**

**COST:
IT'S FREE!!!**

REFERRALS TO:
KARENELANDRY@
RAINBOWHOUSEINC.ORG

**REGISTER
AT
770-478-6905
X 230**

WHAT TO EXPECT:

- 1. WHAT IS TRAUMA**
- 2. TRAUMA & THE
BRAIN**
- 3. IMPACT OF
TRAUMA**